

IB MYP Physical and Health Education Assessment Criteria

(Physical Education Courses: PE, Dance, Outdoor Ed.)

Criterion A: Knowing and understanding

Maximum: 8

At the end of year 1, students should be able to:

- i. outline physical and health education-related factual, procedural and conceptual knowledge
- ii. identify physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations
- iii. apply physical and health terminology to communicate understanding.

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student: <ol style="list-style-type: none"> i. recalls some physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues iii. recalls physical and health terminology.
3–4	The student: <ol style="list-style-type: none"> i. recalls physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. applies physical and health terminology to communicate understanding with limited success.
5–6	The student: <ol style="list-style-type: none"> i. states physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and solve problems set in familiar situations iii. applies physical and health terminology to communicate understanding.
7--8	The student: <ol style="list-style-type: none"> i. outlines physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations iii. applies physical and health terminology consistently to communicate understanding.

Criterion B: Planning for performance

Maximum: 8

At the end of year 1, students should be able to:

- i. construct and outline a plan for improving health or physical activity
- ii. describe the effectiveness of a plan based on the outcome.

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student: <ol style="list-style-type: none">i. states plans for improving health or physical activityii. states the effectiveness of a plan.
3–4	The student: <ol style="list-style-type: none">i. outlines a basic plan for improving health or physical activityii. states the effectiveness of a plan based on the outcome.
5–6	The student: <ol style="list-style-type: none">i. outlines a plan for improving health or physical activityii. identifies the effectiveness of a plan based on the outcome.
7–8	The student: <ol style="list-style-type: none">i. constructs and outlines a plan for improving health or physical activityii. describes the effectiveness of a plan based on the outcome.

Criterion C: Applying and performing

Maximum: 8

At the end of year 1, students should be able to:

- i. recall and apply a range of skills and techniques
- ii. recall and apply a range of strategies and movement concepts
- iii. recall and apply information to perform effectively.

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student: <ol style="list-style-type: none">i. recalls some skills and techniquesii. recalls some strategies and movement conceptsiii. applies information to perform with limited success.
3–4	The student: <ol style="list-style-type: none">i. recalls skills and techniquesii. recalls strategies and movement conceptsiii. applies information to perform.
5–6	The student: <ol style="list-style-type: none">i. recalls and applies skills and techniquesii. recalls and applies a range of strategies and movement conceptsiii. applies information to perform effectively.
7–8	The student: <ol style="list-style-type: none">i. recalls and applies a range of skills and techniquesii. recalls and applies a range of strategies and movement conceptsiii. recalls and applies information to perform effectively.

Criterion D: Reflecting and improving performance

Maximum: 8

At the end of year 1, students should be able to:

- i. identify and demonstrate strategies to enhance interpersonal skills
- ii. identify goals and apply strategies to enhance performance
- iii. describe and summarize performance.

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1–2	The student: <ol style="list-style-type: none">i. states a strategy to enhance interpersonal skillsii. states a goal to enhance performanceiii. describes performance.
3–4	The student: <ol style="list-style-type: none">i. lists strategies to enhance interpersonal skillsii. states a goal and applies strategies to enhance performanceiii. summarizes performance.
5–6	The student: <ol style="list-style-type: none">i. identifies strategies to enhance interpersonal skillsii. lists goals and applies strategies to enhance performanceiii. outlines and summarizes performance.
7–8	The student: <ol style="list-style-type: none">i. identifies and demonstrates strategies to enhance interpersonal skillsii. identifies goals and applies strategies to enhance performanceiii. describes and summarizes performance.